

Congregation B'nai Israel

April
2010

Kehila

Nissan/Iyar
5770



Founded 1904 ~ Northampton ~ Massachusetts

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The CBI newsletter is published 11 times per year,
monthly except in July.

The next KEHILA is the MAY 2010 Issue

FIRM DEADLINE: APRIL 16

**HELP US TO HELP YOU. PLEASE MAKE
EVERY EFFORT TO MEET THE DEADLINE.**

Submit entries in person or via email.

Pictures and ads should be
submitted in .jpg format

COMMITTEE CHAIRS/COORDINATORS

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www.cbinorthampton.org

3 CALENDAR

Save the Date

SHIRA CHADASHA KABBALAT SHABBAT

Led by Rabbi Justin David
with David Weidenfeld on guitar

We'll enjoy a beautiful, spirited and
musical celebration of Shabbat each
month together!

Join us for a very special Kabbalat
Shabbat service.

All are welcome!

FRIDAY
APRIL 9
7:00 pm



Held in the CBI Library.

YOM HASHOAH COMMEMORATION

Please join our congregation in a
memorial service in commemoration
of Yom HaShoah. We will give voice to
the stories of victims and survivors of
the Holocaust, and honor them
through readings, music and prayer.

Please join Rabbi David at 8:00 pm
after the service for an exploration of
the work of R. Kalonymus Kalman
Shapiro.

SUNDAY
APRIL 11

SERVICE 7:00 pm
STUDY 8:00 pm

Rising from Suffering
The Life and Teaching of
R. Kalonymus Kalman Shapiro,
the Rebbe of the Warsaw Ghetto

This remarkable teacher - a
progressive educator, visionary
community leader and profound
mystical thinker - died in 1945, but
left behind manuscripts that continue
to move and inspire people today.

CBI SALON

"BETWEEN OURSELVES AND INFINITY: EXPLORING THE ZOHAR"

Please join us for this engaging salon
on studying the Zohar at the home of
Jane Brodwyn in Northampton.

studied the Zohar before or if this is
your first time, you will find the texts
we share to be compelling and
provocative.

THURSDAY
APRIL 15
7:30 pm

The Zohar invites us to see ourselves
as part of an infinite, constantly
changing universe in which our souls
are essential and our actions
meaningful beyond all
estimation. Whether you have

RSVP would be very helpful to:

Jane Brodwyn
224 North Street
Northampton, MA 01060
Phone: 413-374-8883
Email: janebrodwyn@gmail.com.

SUNDAY MORNING MINYAN

Please join our Sunday Morning
Minyan - with light breakfast
afterwards!!

Kaddish, to say Kaddish ourselves, to
help create vibrant, collective and
spiritual experience. We will make
every effort to help each person feel
comfortable and grow in this
experience. Tallitot and extra tefillin
will be available!!

SUNDAY
APRIL 4 & 11
9:15-9:45 am

Please join us - to participate in the
spiritual practice of daily prayer, to
connect to community, to learn and
grow as a Jewish
seeker, to support
mourners saying



**APRIL 3 TOT SHABBAT**

11:00 am

A lively Saturday morning program for 3 to 5 year-olds and their families, celebrating the beautiful aspects of Shabbat through songs, stories, dance and creative movement. Led by Peggy Walker.

APRIL 3 JUNIOR CONGREGATION

11:00 am

Monthly program with two concurrent groups: K-2nd grade and 3rd-5th grade

APRIL 10 EMBODIED PRAYER SHABBAT SERVICE

9:30 am

Led by Deborah Jacobson and Deliah Rosel, D. Min. Joyfully enhance our connection with Infinite Divine Energy through enthusiastic chanting of traditional prayers, a twenty minute Shema/Amidah comprised of the gentle meditative movements and prayerful visualizations of L'Chaim Qigong and Torah reading with aliyah--- deepening our personal experience with God and our experience of YHVH as healing energy.

APRIL 10 SHABBAT FAMILY MINYAN

11:00 am

Join us for a creative interactive service featuring prayers, songs and stories geared towards school-aged children and their parents!

APRIL 24 SHABBAT SING

11:00 am

Adults and children are welcome to sing a wide array of Jewish songs, from child-friendly melodies to complicated rounds. Led by Pamela Schwartz and Joel Feldman.

MAY 8 LEV CHADASH (NEW HEART) MINYAN

9:45 am

Shabbat Mornings in the Library. Led by Rabbi Nancy Flam. Join us for a monthly Shabbat service that follows the deep structure of the Siddur, inviting us - through song, silence, conversation and meditation - to cultivate awareness and expression of gratitude, praise, yearning, and truth in our rich, Jewish tradition. We will experience the entire flow of a Shabbat service (including Torah reading, teaching and discussion), but with scaled-down liturgy. Come with the hope of renewing your heart and your connection to the Source of Life.

**PLEASE NOTE:
NO APRIL SERVICE**

5 CALENDAR



TECHIYAH/REBIRTH: A CONTEMPORARY INTRODUCTION TO JEWISH TRADITION

A new Adult Education Course taught by
Rabbi Justin David of Congregation B'nai Israel
and Rabbi Riqi Kosovske of Beit Ahavah

Tuesdays, April 27 - June 22, 2010 at 7:30 pm
to be held at CBI, 253 Prospect Street, Northampton

\$50 for the course/ or \$5-10 sliding scale per class.

Fees/donations from these classes will support both CBI & BA Adult Education

- April 27 **Why Be Jewish? Creating & Re-Creating Meaning with Judaism**
Rabbi Riqi Kosovske and Rabbi Justin David
- May 4 **Spirituality & Activism Part I - Women of the Wall**
Rabbi Riqi Kosovske
- May 11 **Spirituality & Activism Part II - Judaism and Global Crises: *Tikkun Olam***
Rabbi Justin David
- May 18 **SHAVUOT (no class - but come to a Shavuot celebration!)**
- May 25 **Where Torah Comes From and Where It Goes**
Rabbi Riqi Kosovske and Rabbi Justin David
- June 1 **Gender & Judaism: A Category Unto Its Own**
Rabbi Riqi Kosovske
- June 8 **New/Old Jewish Spirituality - Zohar & Kabbalah**
Rabbi Justin David
- June 15 **"The World is Built on Kindness": Compassion & Social Responsibility**
Rabbi Justin David
- June 22 **The Last Word: *Shomrei Adamah* - Stewards of the Earth**
Rabbi Riqi Kosovske and Rabbi Justin David

TO REGISTER FOR THIS COURSE: MAIL/EMAIL CBI WITH YOUR NAME AND CONTACT INFORMATION. CHECKS SHOULD BE MADE OUT TO "CBI" WITH "Rabbi/Adult Ed" IN THE MEMO LINE, AND SENT TO: CBI, 253 Prospect Street, Northampton, MA 01060. Email: bnai.israel@verizon.net. Phone: 413-584-3593

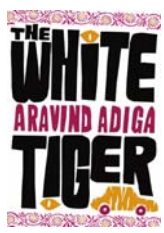
6 CALENDAR

Save the Date

HEVREI MITZVOT MEN'S CLUB	SUNDAY MINYAN at 9:15 am in the Sanctuary with Rabbi Justin David.	Topic: Making Donations: A family history of giving or not
SUNDAY APRIL 4 9:30 am	HEVREI MITZVOT MEETING begins at 9:45 am at Lander-Grinspoon Academy with matzah and lox breakfast New members always welcome!	For more information, contact David Weinberg at 533-1129 or email osprey@ospreylimited.com



SISTERHOOD BOOK CLUB	APRIL MEETING Book: <u>White Tiger</u> by Aravind Adisa Date: Monday, April 12, 7:30pm Time: 7:30 pm Place: Home of Carol Jolly 330 Main Road Chesterfield (413) 296-4254	Please call if you need directions or a ride. MAY MEETING: Book: <u>Story of a Marriage</u> by Andrew Greer Date: Monday, May 17, 7:30pm
MONDAY APRIL 12 7:30 pm	All CBI women are welcome to join us for one meeting or many.	



VALLEY JEWISH SENIORS	Luncheon with Guest Speaker, Rabbi Kevin Hale "A Scribe's View" CBI member Rabbi Kevin Hale is a <i>sofer stam</i> , a traditionally trained torah scribe. In recent years he has restored four of our scrolls as well as our Esther megillah, and is currently restoring the scroll that the former Bnai Jacob in Longmeadow donated to the Lander-Grinspoon Academy.	Lunch served at 12:30 pm Guests are always welcome!! Suggested Donation for Luncheon: \$5 Reservations would be appreciated. To RSVP or if you need a ride, please contact: Jane Trigere or Ken Schoen (413) 665-0548
WEDNESDAY APRIL 21 12:30 pm		



SISTERHOOD DOES NYC	Bus will leaving CBI at 7:15 am, and return around 10:00 pm. Additional pick up, West Springfield The bus ride will be a blast! Lots of time to chat, connect, and make plans for the day. Bagels and cream cheese provided. BYO Coffee. The bus will drop off Uptown or Midtown - your choice!	Plan your own day or join us as we visit an Upper East Side Museum, followed by lunch at the Pastrami Queen. Questions about the trip? Barbara Black , (413) 586-6671 barbara.black@verizon.net
SUNDAY APRIL 25		



7 CALENDAR

Save the Date

CBI'S 11TH ANNUAL GALA AUCTION & DESSERT BUFFET

Please join us for the 11th Annual Gala Auction and Dessert Buffet Extravaganza.

Tickets: \$20 in advance, \$25 at the door (All advance tickets are held at the door)

Cash gift contributions of \$100 or more will receive two free tickets.

Bid on items including:

- Hotel and Vacation Stays
- Cultural Events Galore
- Restaurant Certificates
- Bouquet of Flowers Every Week for Six Months
- Work of Outstanding Craftspeople,
- A Complete Set of Tutoring Lessons for a Bar/Bat Mitzvah,

And hundreds more wonderful items both big and small.

Look for your Auction Catalogs coming soon!

And, don't forget that CBI members can offer items and services to be auctioned, too. Be creative!

SUNDAY
May 2
6:30—9:30 pm



COMMUNITY SCHOLAR SERIES

Awakening the Heart: Mindfulness as a Jewish Practice

Over the last decade, the spiritual practice of mindfulness has found expression in a range of fields including health, psychology and education. In the Jewish world, mindfulness practice has led many people to approach Jewish spirituality and practice with renewed vigor and perspective. On this Shabbat, Rabbi Weinberg will have us consider how mindfulness can add a new dimension of depth and inspiration to Jewish life and community.

RABBI SHEILA PELTZ WEINBERG has gained a national reputation for teaching mindfulness in Jewish settings. She is the Rabbi Emerita of the Jewish Community of Amherst, where she served for 13 years, and is now the Outreach Director for the Institute for Jewish Spirituality. She publishes and teaches widely on the intersection of spirituality and social justice.



RABBI SHEILA WEINBERG
FRIDAY, MAY 14
After services which begin at 7:00 pm
and
SATURDAY
MAY 15
After Kiddush

FRIDAY, MAY 14
BEGINS AT 8:00 PM AFTER KABBALAT SHABBAT EVENING SERVICE WHICH BEGINS AT 7:00 PM

SHABBAT, MAY 15 AFTER KIDDUSH

Advance of the Retreat

On April 11, 2010 the CBI board will hold its third retreat ever. People often ask us why did we start having retreats and what do we get out of them. Good questions. It makes sense to examine our reasons for giving up a full Sunday every six months or so.

.....
Co-Presidents

Larry Hott & Susan Mosler

We started having retreats because board meetings are so packed with the details of synagogue business that we rarely have a chance to talk things through, make long-range plans and really get to know one another. What do we get out of the retreats besides a sense of camaraderie? We get a keener feel for our priorities, a deeper understanding of the problems facing the shul, and a renewed commitment to our community. All this is fine but it means nothing if we can not show results for our cloistered time away.

At our most recent meeting a board member reminded us that the Rabbi had outlined a visioning process at the last retreat and presented it to the community a few weeks later. What happened to the goals we announced to the congregation? How do we measure progress on the agenda items we plough through at our retreats? Mindful that we need to look over our past agendas and review our actions, we have decided to revisit the visioning process at the upcoming retreat to see how we're doing.

There are new items on the retreat agenda of course. A key one is a report from the Administrative Restructuring Task Force, a group appointed by the presidents to examine the authority and decision making structure at CBI. The board will have a chance to ask questions about our administrative structure to our synagogue director, education director, Gan Keshet director, John Todd, chair of the task force, and other task force members.

We will also be discussing the collaborative efforts underway with other Jewish institutions in the area, particularly the meetings between CBI and LGA about working together on a pre-school program. These meetings have broadened to include talks with the JCA as well as the Jewish Federation of Western Massachusetts.

A key item for the retreat is the election of officers for the next year. As of this writing we do not have candidates for the presidency, vice-presidency or secretary. Jim Sagalyn, mensch, is staying on as treasurer for another term. The board will have to decide how to proceed if no one steps forward to fill the vacant positions.

That's just a taste of what we will cover in six hours on a Sunday. We hope you all have a sweet Pesach.

Larry Hott and Susan Mosler
Co-Presidents

Celebration and Contemplation

I usually don't do this, but I urge you to check out the website www.g-dcast.com. G-dcast (their spelling, not mine) features 55 short, narrated animated clips about each of the weekly Torah readings. They are all a little edgy, gently learned and unpretentiously wise. Each is written in a tone that is fun and playful, with just enough depth to keep one asking for more.

.....
 Rabbi Justin David

Of all the Jewish websites, blogs, and apps in cyberspace, why do I recommend this one? Because it encapsulates so much of what I hope we as a community can offer. Jewish tradition and community is unfathomably deep. But deepening our involvement

can often intimidate us. In order to avail ourselves of the opportunities to broaden our Jewish lives, we often need a welcoming invitation, enthusiastically showing what lies in wait, without overwhelming us.

Take the Passover seder as an example. As one member of our community put it to me, the seder is an opportunity to "get in touch with your inner child." That's why we ask the Four Questions, reflect on the four different types of children, break and hide matzah, sing songs about goats, spill wine and entertain fanciful interpretations of the Exodus. At the seder, we keep asking the question "why" and try to answer it with the openness and playfulness of a young child.

And we see the effect. Individually, I would imagine many of us look back at our seders as times of great learning and inspiration. Collectively, statistics show that many more of us participate in a seder than any other Jewish ritual.

As a community, I would say that our mission is to offer as many of these welcoming invitations as possible - meeting people where they are, so as to welcome all to participate in the sacred moments that are at the heart of our tradition. For me as a rabbi, it begins with fostering a caring community where we attend to those with needs and build relationships with each other. With this in mind, please consider being part of a yet-to-be-formed **divorce support network**, insuring that those going through a separation continue to have the companionship of friends and community.

Meaningful conversation through study also offers us opportunities to reach out to each other as we share our questions and ideas. This year, CBI Salons have afforded beautiful opportunities to explore a wide range of texts and ideas in the informality and intimacy of people's living rooms. Come to the next one on April 18, and consider having one in your home.

Finally, our **Lev Chadash** and **Shira Chadasha** services have opened new avenues for us in how we pray and celebrate, individually and communally. See inside for these opportunities to add new dimensions to our spiritual lives.

As we enter the period of the Omer, counting 49 days from the 2nd Seder until Shavuot, I hope we all keep the playfulness and inspiration of the Seder in mind as we envision new vistas in our lives of celebration, contemplation and service to others.

B'shalom,

Rabbi Justin David

10 WORDS

ADAM FISHMAN
BAR MITZVAH
APRIL 10, 2010



My name is Adam Fishman. I am twelve years old (almost 13!) and in the seventh grade at JFK Middle School. I've been going to religious school at CBI since third grade. I went to Jackson Street School, starting in kindergarten, and that went up to fifth grade.

I love sports. I play baseball, basketball, soccer and tennis. My biggest sport is baseball. I've been playing for practically my whole life. I mostly play second base.

I am also into music. I play drums, guitar, piano, and the baritone horn.

For my Bar Mitzvah project, I performed a concert at the Loomis House Nursing Center, which is a nursing home in Holyoke. I sang, played guitar, and played keyboard. Everybody loved it. Over 30 people attended. I felt great knowing that I was bringing so much joy to others.

I decided to have a Bar Mitzvah because I feel that this is a chance to become a man in Judaism. Not everybody has a Bar or Bat Mitzvah. I feel lucky because I am one who gets the chance.

Son of Bob & Mary
Anne Fishman



BEN SHARPE
BAR MITZVAH
APRIL 24, 2010



My name is Benjamin Balin Sharpe. I am in seventh grade at Williston Northampton School. I am currently training to make the Williston tennis team. In the winter I played on the boys basketball team and in the fall I played on the boys soccer team. I am also currently in the middle of an intensive training program for my bar mitzvah with a vigorous daily routine of practicing my Haftarah, and writing my D'var Torah.

Also, I am working on my b'nai mitzvah which is a bowl-a-thon to raise money for the Big Brothers Big Sisters program. This program focuses around pairing unfortunate children with adult mentors so that these children may have guidance from a trusted elder. This fundraiser is being organized by the Big Brothers Big Sisters program and the goal is to raise \$65,000.00 with about 120 teams of 500 bowlers attending. I believe that a b'nai mitzvah project is essential in order to have a bar mitzvah because it allows you to give back to your community to really establish yourself as an adult.

I have also really enjoyed my time with Joan Weigele without whom my bar mitzvah would not have been possible. I also have to thank Rabbi Justin David who took time out of his busy schedule to help me with my D'var Torah.

Son of Nancy Balin &
Alan Sharpe

Engaging our Community

Baking matzah at CBI began about five days before the flour and water were actually mixed. Eli Rogosa brought her trailer to the synagogue yard and began building a clay oven by stacking bricks in two columns and placing an inverted ceramic bowl on top of them. The next step was mixing clay and sand with water to

Education Director
Alison Morse

create mud that was packed around the bricks and bowl using straw supports. A chimney was added in the back and fire bricks were set on the floor of the oven. Students from Gan Keshet, LGA and the Religious School had an opportunity to get their hands wet and muddy as they helped to build the oven.

Eli provided a handout at the workshop with some of the following information from the Shulchan Aruch (Code of Jewish Law) that details the complexity of matzah preparation:

- To prevent it from becoming chametz, the grain used for matzah should be clean and should be protected against contact with water, preferably from the time it is harvested; in particular, it must not be washed before being ground.
- It should be stored in clean sacks and transported carefully.
- The mill should be cleaned; the grinding should be supervised, and should preferably be done before the day that the flour is made into dough.
- The flour should preferably contain some of the shells of the grain

Eli's original intention was to bake matzah that was kosher for Passover use; partway through the workshop it became evident that this goal would not be met. What happened and what did we learn? We had hoped to begin all together as a group, working in assembly line fashion in 3 teams of 6 people each. However, people arrived at very different times, and we accommodated them as they entered the room, letting go of the team idea. The second adjustment came when confronted with the reality that the matzah oven could only accommodate one matzah at a time- too slow to bake all the matzot in a short period of time. Someone suggested pre-baking the matzot in the CBI kitchen oven to dry them. Unfortunately, the CBI kitchen was not yet ready for Passover, and this meant that matzot we produced would not be acceptable for use at a Seder.

As one reads through the laws of matzah baking in the Shulchan Aruch, it becomes apparent that the requirements for this task are quite specific. As an educational process we learned how to build an oven, grind wheat, mix, and roll and prick dough and experience matzah baking in a wood fired oven. We also had the joy of engaging our community- the affiliated and the unaffiliated as well as the school aged children from our three institutions - Gan Keshet, LGA and the Religious School as the clay oven was being constructed. I consider that a good beginning. There were about 45 participants on the day of the baking and the feedback was quite positive.

To improve upon the matzah baking process in the future, I think it would be important to have participants sign up in advance, begin at the same time working in teams (rotating positions on the team) and working with a larger oven; post baking would be the time for the group to sit and learn about the laws of Passover and matzah baking knowing that their work was a simulation of a very specific and detail oriented mitzvah.

As a year of Jewish holidays fly by, we look forward to celebrating the end of Passover, Yom Hazikaron (Remembrance Day), Yom Ha'atzmaut (Independence Day), Lag B'omer and Shavuot. Please join us on Saturday night, May 1st at 8:30 pm as we celebrate Lag B'omer with a bonfire, singing and stories in the field adjacent to our building. Moreh (teacher) Aharon Skoglund, will be one of our featured guests that evening.

Brachot to All,
Alison

12 CALENDAR

Month of April

APRIL 1	Thursday	8:00 am	LECHA DUMIYAH TEHILLA Led by Rabbi Nancy Flam & Rabbi Sheila Peltz Weinberg
APRIL 2	Friday	6:00 pm 6:59 pm	KABBLAT SHABBAT EVENING SERVICE SHABBAT CANDLE LIGHTING
APRIL 3	Saturday	9:30 am 11:00 am 11:00 am 8:00 pm	SHABBAT MORNING SERVICE TOT SHABBAT WITH PEGGY WALKER JUNIOR CONGREGATION SHABBAT ENDS
APRIL 4	Sunday	9:15 am 9:30 am 7:01 pm	SUNDAY MORNING MINYAN See page 3 for more information HEVREI MITZVOT MEN'S CLUB MEETING See page 6 for more information PASSOVER CANDLE LIGHTING
APRIL 5	Monday	9:30 am	SEVENTH DAY OF PASSOVER MORNING SERVICES
APRIL 6	Tuesday	9:30 am 11:00 am 8:04 pm	EIGHTH DAY OF PASSOVER MORNING SERVICES + LIGHT LUNCH JUNIOR CONGREGATION EXTINGUISH CANDLES FOR PASSOVER
APRIL 8	Thursday	8:00 am	LECHA DUMIYAH TEHILLA Led by Rabbi Nancy Flam & Rabbi Sheila Peltz Weinberg
APRIL 9	Friday	6:00 pm 7:07 pm	SHIRA CHADASHA KABBALAT SHABBAT SERVICE See page 3 for more information SHABBAT CANDLE LIGHTING
APRIL 10	Saturday	9:30 am 9:45 am 11:00 am 8:09 pm	SHABBAT MORNING SERVICES ADAM FISHMAN BAR MITZVAH <i>Parashat Sh'mini</i> EMBODIED PRAYER SHABBAT Led by Deliah Rosel FAMILY MINYAN SHABBAT ENDS
APRIL 11	Sunday	9:15 am	SUNDAY MORNING MINYAN See page 3 for more information CBI BOARD RETREAT AT MOUNT HOLYOKE COLLEGE

13 CALENDAR

Month of April

APRIL 11	Sunday	7:00 pm	YOM HASHOAH SERVICE AND STUDY See page 3 for more information
APRIL 13	Tuesday	12:15 pm	TUESDAY TEXT STUDY
		6:30 pm	CBI ERETZ YISRAEL COMMITTEE MEETING
		7:30 pm	CBI BOARD MEETING
APRIL 14	Thursday	8:00 am	LECHA DUMIYAH TEHILLA Led by Rabbi Nancy Flam & Rabbi Sheila Peltz Weinberg
		7:30 pm	CBI SALON: "BETWEEN OURSELVES AND INFINITY: EXPLORING THE ZOHAR" See page 3 for more information
APRIL 15	Friday	6:00 pm	KABBALAT SHABBAT EVENING SERVICE
		7:14 pm	SHABBAT CANDLE LIGHTING
APRIL 16	Saturday	9:30 am	SHABBAT MORNING SERVICE <i>Parashat Tazria-M'tzora</i>
		8:17 pm	SHABBAT ENDS
APRIL 19	Monday		YOM HA'ATZMAUT
APRIL 20	Tuesday	12:15 pm	TUESDAY TEXT STUDY
APRIL 21	Wednesday	12:30 pm	VALLEY JEWISH SENIORS LUNCHEON WITH RABBI KEVIN HALE
APRIL 22	Thursday	8:00 am	LECHA DUMIYAH TEHILLA Led by Rabbi Nancy Flam & Rabbi Sheila Peltz Weinberg
APRIL 23	Friday	6:00 pm	KABBALAT SHABBAT EVENING SERVICE
		7:22 pm	SHABBAT CANDLE LIGHTING
APRIL 24	Saturday	9:30 am	SHABBAT MORNING SERVICE BEN SHARPE BAR MITZVAH <i>Parashat Aharei Mot - K'doshim</i>
		8:26 pm	SHABBAT ENDS
APRIL 25	Sunday	7:15 am	SISTERHOOD NEW YORK CITY BUS TRIP
APRIL 27	Tuesday	12:15 pm	TUESDAY TEXT STUDY
APRIL 29	Thursday	8:00 am	LECHA DUMIYAH TEHILLA Led by Rabbi Nancy Flam & Rabbi Sheila Peltz Weinberg
APRIL 30	Friday	6:00 pm	KABBALAT SHABBAT EVENING SERVICE

**YOGA WITH A
JEWISH TWIST**

April 18th, 9:45-11:15

Setting intentions for our yoga practice based on Jewish wisdom sources, we create an artful blend of yoga postures, contemplation and community. Led by Amy Reed, Anusara-Inspired™ yoga instructor, and Judi Wisch, Jewish Educator. Held at Lander Grinspoon Academy, 257 Prospect St., Northampton. Fee: \$10. Beginners are welcome! For info, call Rachel Valitt at (413) 658-5806. This event is co-sponsored by Hadassah, Congregation B'nai Israel, and the Harold Grinspoon Foundation.

JEWISH FAMILY JAM

Wednesdays, April 7, 14, 21, 28, May 5, 12, and 26, 2010, 10:30-11:15 a.m. Jewish Jam is for infants, toddlers and their caregivers. Appropriate for ages 0-3. Together we will sing, drum and dance our way through the Jewish cycles and explore musical play and rituals that your family can enjoy together. No class on May 19th. Leader: Felicia Sloin. Cost: FREE. Where: Lander Grinspoon Academy, 257 Prospect St., Northampton

**HADASSAH'S GALA
EVENT!!**

Please reply by APRIL 9 for HADASSAH'S BENEFIT CONCERT. The Valley Light Opera Company will perform a fantastic musical program: A PARODY OF PARODIES: HOW TO WRITE YOUR OWN GILBERT & SULLIVAN OPERA. Sunday, April 18, 2:30 p.m., Lander Grinspoon Academy Auditorium. There will be an elegant DESSERT BUFFET following the performance! For more information or tickets, call Barbara Goldstein at (413) 549-0555.

**AN INVITATION TO
DIVORCE SUPPORT**

Be a part of the Divorce Support Network

In a caring community, divorce presents a unique challenge. Our good intentions, fears, and uncertainties about how to act often create a kind of interpersonal void that results in people feeling alone and abandoned. Forming this network is a first step toward helping those experiencing divorce feel that they have the support of friends and community.

Whether you have experienced a divorce or not, you can be a part of this network. Come be a part of this project of support and compassion.

If you would like to be a part of the divorce support network, please contact Rabbi David by phone or by email at cbirabbi@verizon.net

**RELIGIOUS SCHOOL
DATES OF NOTE**

APRIL 4, 7, 8, 11, 13, 14, 15

School in session

APRIL 6

No school

APRIL 18 through APRIL 25

Spring Break



Lessons in Matzah Making & Other Passover Activities



Mixing the clay with the sand to "insulate" the Matzah Oven



Helping Eli apply the clay to the oven

Chag Pesach!

Peggy, Bri,
Meaghan, Kate,
Luna, Shana &
Wendy



Creating Passover Table Centerpieces



More helping hands mixing the clay with the sand



Experimenting with Gluten-Free Matzah

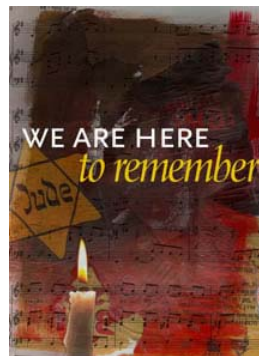
YOM HASHOAH COMMEMORATION

SUNDAY, APRIL 11

SERVICE at 7:00 pm

STUDY at 8:00 pm

Please join our congregation in a memorial service in commemoration of Yom HaShoah. We will give voice to the stories of victims and survivors of the Holocaust, and honor them through readings, music and prayer.



Rising from Suffering
The Life and Teaching of
R. Kalonymus Kalman Shapiro,
the Rebbe of the Warsaw Ghetto

Please join Rabbi David at 8:00 pm after the service for an exploration of the work of R. Kalonymus Kalman Shapiro.

This remarkable teacher— a progressive educator, visionary community leader and profound mystical thinker – died in 1945, but left behind manuscripts that continue to move and inspire people today.

KVELLING

CBI member, Rick Sheldon, will be appearing as Caiaphas in PACE's upcoming production of "Jesus Christ Superstar" at the Academy of Music from April 8-11. Rick has sung bass with Mak'hela, The Jewish Chorus of Westwen Massachusetts, for six years but this marks his first foray into community theater. He hopes that many CIB congregants will come out to support what promises to be an exciting and thought-provoking production of this renowned rock opera. Tickets are available via www.jcstix.com

IN APPRECIATION

CBI SISTERHOOD
SENDS OUR LOVE AND GREAT
APPRECIATION TO

JANIS LEVY

OUR SUCCESS IS IN NO SMALL PART
DUE TO JAN'S UNFAILING SUPPORT
AND GENEROSITY OF BOTH HER
TIME AND SPIRIT

WELCOME NEW (AND RETURNING) MEMBERS TO CBI

Kate Deviny

Jennifer Taub & Michael Kuch, Emily and Arella

David Marlin & Joanna Grand, Eli and Max

Andrew Sirulnik & Tamara Kupfer, Benjamin, Eve and Dov

Judy Haskell

Steven Retchin & Karen Novak

AESTHETICS FUND

To Jan Levy. In memory of your mother, Rosa Levy. From Sheron Rupp

ANNUAL FUND

To Janis Levy. Condolences on the loss of your mother, Rosa. From Adele Steinberg

In memory of Janis Levy's mother, Rosa. So sorry, from Barbara & Ed Levine

To the Bleiman Family. In memory of your dear mother, Muriel. From Barbara & Ed Levine

BIKKUR HOLIM FUND

To Cleo Gorman & Ron Ackerman. Your signing of our Ketubah as witnesses will always make our wedding extra special. From Judy Herrell & Stephan Wurmbrand

DOMESTIC VIOLENCE TASK FORCE FUND

In honor of Jane Trigere. With thanks from Joan Weigele

EDUCATION FUND

In memory of Judy Blaustein, a warm and wonderful person who will be greatly missed. From Carol & Bill Jolly

HEVREI MITZVOT FUND

To Mordy Kamel. With appreciation from Cleo Gorman & Ron Ackerman

In honor of Ken Schoen. With gratitude from Joan Weigele

To Rabbi Kevin Hale. From the signing of the Ketubah to the sounding of the shofar to the breaking of the glass, thank you for a beautiful and wonderful wedding ceremony. From Judy Herrell & Stephan Wurmbrand

KURIAN KIDDUSH FUND

Lev Chadah Sponsorship of March 27th Kiddush:

Amy Horowitz & Shana Tureck
Eileen Rutman
Jane Kaufman
A. Markus Treston
Beth & Marta Lev
Phyllis Miller & Roe Karparis
Judy Wisch
Amy Leos-Urbel
John Clayton
Shoshana Sokoloff
Dyan Wiley
Phyllis Eckstein
Shoshana Zonderman
Ruth Ever & Kevin Hale
Sam Gladstone
Sheila Morris

To Al & Janet Chevan. In honor of the Bar Mitzvah of your grandson, Saadya. From Barry & Julie Federman

To David Cohen. Mazel Tov on your 70th Birthday. From Paul & Betty Koss

To Judy Blaustein's Family. In memory of a special lady, Judy. From Sue Kurian

To Jan Levy. So sorry for the loss of your mother. Sue Kurian

In memory of Jan Levy's mother. With sympathy and love from your sisters in CBI Sisterhood. From The CBI Sisterhood.

To Jan Levy. Our condolences on the loss of your mom, Rosa. From Bri Marzziotti Maier & Marc Maier

To Elaine Whitlock. You blessed our home with your voice and encouragement during David's Bar Mitzvah tutoring. Thank you so much! From Geri Kleinman & Jim Katz

To Jan Levy. Our condolences on the loss of your mother. Our thoughts are with you. From David & Doris Cohen

To Jan Levy. In memory of Rose Levy, Jan's mother. From Leslea Newman

To Jan Levy. Our deepest sympathies on the loss of your mother. From Paul & Betty Koss

To Ron Ackerman. In loving memory of your mom. From Ada Medina & Stephen Arons

To Louis Greenbaum. Mazel Tov on your 80th Birthday. From Paul & Betty Koss

To Leslie & Janet Fraidstern. So sorry about your Mother's loss! May her memory be for a blessing! From Geri Kleinman, Jim Katz & Family

KURIAN KIDDUSH FUND

To Leslie Fraidstern. Our deepest sympathies on the loss of your mother. From Paul & Betty Koss

To Janet Chevan. Mazel Tov on your 75th Birthday. From Paul & Betty Koss

To Jan Levy. In memory of your mother. From Maxine Stein & Henry Simkin

To Jan Levy. In loving memory of your mum, Rosa Levy. From Ada Medina & Stephen Arons

In memory of Jan Levy's mother. From Barry & Julie Federman

In memory of Jan Levy's mother, Rosa. With deep sympathy for your loss, Carol & Bill Jolly

To Jan Levy. Our deepest sympathy on the loss of your mother. From Edward & Joyce Allen

To Jan Levy. Our deepest sympathy on the loss of your beloved mother, Rosa Levy. From Judy Herrell & Stephan Wurmbbrand

To Jan Levy. Our sympathies on the loss of your mother. From Carol & Brad Katz

To Janis Levy. In memory of your mother, Rosa Levy. May your beautiful, happy memories continue to bring you comfort for many years. From Jan & Al Chevan

To Jan Levy. Our sincerest condolences on the recent death of your mother. May you find comfort in your memories and in your community. From Randi Klein, Scott Barton and Jonah Klein-Barton.

In memory of Jan Levy's mother, Rosa Levy. From Erica & Jackie Kates

To Janis Levy. In memory of your mother. We send our sincere condolences on your loss. From Roslyn Nitkin and Lynn Vesely

To Jan Levy. Offering you comfort on the loss of your mother. From Phyllis & John Eckstein.

In memory of Rosa Levy, mother of Janis Levy. From Shoshana Zonderman & Saul Perlmutter

PRESCHOOL EDUCATION FUND

In appreciation of Rabbi Justin David for a beautiful naming ceremony for our baby girl. From Sarah & Patrick King

RABBI'S DISCRETIONARY FUND

To Rabbi David. On behalf of the JCA—thank you for including us in your erev Purim celebration. From Catherine Madsen & Sarah Thomson

To Jeff Korff & Family. With condolences from Katie Hicks & Henry Rosenberg

To Rabbi Justin David. Thanks so much for your gentle, patient and compassionate help with

David's Bar Mitzvah. From the Kleinman/Katz Family

To Rabbi David. Thank you for officiating at our granddaughter Zoe's naming ceremony. It was very moving for our family. From Elizabeth & Mark Singer

RABBI'S PRAYER FUND

In gratitude for Rabbi Nancy Flam's service. From Debra Bercuvitz & Kris Thomson

SISTERHOOD ALL OCCASION FUND

To Jan Levy. In memory of your mom. From Phyllis Miller & Roe Karparis

To Judy Blaustein's family. In memory of Judy Blaustein—a very special woman. From Phyllis Miller & Roe Karparis

To Janet Chevan. We celebrate your gift of life! Happy Birthday! From Ron Ackerman & Cleo Gorman

To Diane Garey. Sending love and healing wishes. From Cleo Gorman & Ron Ackerman

To Jan Levy. Our condolences on the loss of your beloved mother. From Cleo Gorman & Ron Ackerman

To Harriet Weinroth. Glad you are feeling better. Thank you for always being there when needed. From Vera & Laurie Wishnow

SISTERHOOD ALL OCCASION FUND

To the Fraidstern Family. Our condolences on your loss. From Vera & Laurie Wishnow

To Judy Herrell & Stephan Wurmbrand. Best wishes on your marriage, from Vera & Laurie Wishnow.

To Jan Levy. With deepest sympathy on the loss of your beloved mother. From Harriet Weinroth

PULPIT FUND

In memory of Janis Levy's mother. From Geri Kleinman & Jim Katz

SYNAGOGUE LIBRARY FUND

In honor of my daughter, Batya Perman. From Edith Allen

TIKKUN OLAM FUND

To Jeff Korff & Family. Our loving sympathy and support on the loss of your beloved mother and grandmother. B'shalom. From Cleo Gorman & Ron Ackerman

TZEDAKAH FUND

From Nancy Flam for Mishloah Manot

In memory of Janis Levy's beloved mother. From Ruth & Don Katzner

To Jan Levy. Deepest sympathies on the loss of your most beloved mother. With love, Marcia Burick

In memory of Rosa Levy, beloved mother of Janis Levy. From Eileen & Ron Burke

VALLEY JEWISH SENIORS

In memory of Judy Blaustein. Our sister Judy will be missed and always remembered. From the Sisterhood Board

To Cynthia Roberts. In memory of your brother. From Carol Costin

To Leslie Fraidstern. In memory of your mother. From Carol Costin

In memory of Judith Blaustein. From Sharon Rupp

In memory of Judy. From Peggy, Eve and Leo

To our entire community. Thank you for celebrating our recent wedding with us! From Judy Herrell & Stephan Wurmbrand

WOMEN'S FUND

To Harriet Weinroth. Sending healing wishes and appreciation for all your years sending out Sisterhood All-Occasion Cards. From Ron Ackerman & Cleo Gorman

THANK YOU

The Seftel-Siegel family would like to express their profound gratitude for the tremendous outpouring of support from CBI and the wider Jewish community following the loss of our home.

We will never forget the generosity and kindness.

Laura, Glenn, Henry and Arlo

APRIL 1/ NISSAN 17

Alexander August *
 Esther Bloomberg
 Emma Caplovich
 Louis P. Kleinman *

APRIL 2/ NISSAN 18

Doris K. Wolfe *

APRIL 3/ NISSAN 19

Vivian Plaskow
 Muriel Raphaelson
 Freda Wineberg Midenberg

APRIL 5/ NISSAN 21

Benjamin Baill

APRIL 7/ NISSAN 23

Bessie Kopel

APRIL 8/ NISSAN 24

Hannah Fiddler

APRIL 9/ NISSAN 25

Gerald Laurence*
 Maurice Prouser

APRIL 10/ NISSAN 26

Louis Smith *

APRIL 11/ NISSAN 27

Isidore Hack
 Beatrice Kamen
 Heinrich Rosenberg *
 Paula Rosenberg*
 Bernard Zonderman *

APRIL 12/ NISSAN 28

Esther Cohen
 Julia Emmerich
 Edward Rosenthal

APRIL 13/ NISSAN 28

Ethel Karpas
 Sara Rost *

APRIL 14/ NISSAN 30

Evelyn Gottesman
 Jacob Werner

APRIL 17/ IYAR 3

Sarah Dixon
 Jules L. Kaufman
 Belman Klein
 Mildred Koss
 Ethel Landis *
 Susan Marks

APRIL 18/ IYAR 4

Golda Gould

APRIL 19/ IYAR 5

Fannie Goodman
 Edward Lustbader*
 Israel Max Zager

APRIL 22/ IYAR 8

Abraham Colodny *
 Joseph Abraham Rost
 Ida Steuer

APRIL 23/ IYAR 9

Sharon Blau
 Jeanne Bloomberg
 Samuel Greece
 Adolf Greenbaum
 Sarah Siegel

APRIL 24/ IYAR 10

Ely Chinoy
 Albert Herzog

APRIL 25/ IYAR 11

Annabelle Trattner
 Ernst Wallfisch

APRIL 26/ IYAR 12

Ethel Barnoon

APRIL 27/ IYAR 13

Rubin William Udes

APRIL 28/ IYAR 14

Jennie Lipsitz
 Harold Tabor *

* Denotes plaque on Yahrzeit
 Board

APRIL 29/ IYAR 15

Sarah (Sally) Freeman *
 Ethel Himmelstein
 Julius Neiman
 Rudi Wetzler

APRIL 30/ IYAR 16

George Bauver *
 Sarah Bauver *
 Gregory Schneider

MAY 1/ IYAR 17

Ilse Stein
 Walter Stern
 Isaac Tenenbaum

MAY 2/ IYAR 18

Philip Zeller

MAY 3/ IYAR 19

Louis Keehn

MAY 4/ IYAR 20

Abraham Midenberg
 Beatrice Miliefsky

MAY 5/ IYAR 21

Rabbi Samuel Burick
 Nathan Gould
 Moe Ronis

MAY 6/ IYAR 22

Stanley Sherman

MAY 7/ IYAR 23

Mark Wetzler

MAY 8/ IYAR 24

Steven Goldstein
 Frieda August Siegel *

MAY 10/ IYAR 26

Abraham Levy

MAY 11/ IYAR 27

Bessie Alberts *
 Josephine Gould
 Manfred Stein

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SUITE 101
NORTHAMPTON MA 01060
413-221-6597

bblattslp@yahoo.com

Domestic Abuse *It Hurts!*

If you, or someone you know, is experiencing physical, emotional, or other forms of abuse, please contact:

Safe Passage 1-888-345-5282 (24-hr hotline)
Or for Jewish Support:

Shalom Taskforce 1-888-883-2323 (crisis)
Jewish Safety Net 1-413-582-6790
(local resources, referrals, & advocacy at Jewish Family Services)

Sponsored by the CBI Jewish Domestic Task Force
Janet Fraidstern, Barbara Goldstein,
Ruth Katzner (chair), Gail Kielson, Jane Trigere

Some signs of partner abuse can involve:

- controlling behavior
- belittling and degrading
- extreme jealousy and possessiveness
- isolating partner from family and friends



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AESTHETICS FUND

Funds will be used to beautify the synagogue. *Please send donations to CBI.*

ANNUAL FUND

Funds will be used for Synagogue operating, building and programming needs. This fund accepts donations as well as enhanced dues. *Please send donations to CBI.*

BIKKUR HOLIM FUND

Donations for this fund are used for gifts from the whole congregation for members of the congregation who are fighting illness. *Checks may be made payable to CBI with Bikkur Holim in the memo line.*

**DANIEL & SHIRLEY LEVIN
EDUCATION FUND**

Money will assist qualified families with Religious School Tuition. *Checks made payable to Levin Education Fund should be mailed to CBI.*

DIVINE FUND

An endowment used to attract and retain outstanding religious school educators for our Religious School. *Please send donations to CBI.*

DOMESTIC VIOLENCE TASK FORCE

Donations will be used to support the work of the CBI Task Force. *Please send contributions to CBI with Domestic Violence in the memo line*

EDUCATION FUND

Donations help support all educational activities and programs for children and adults at CBI. *Please send donations to CBI.*

ENDOWMENT FUND

Minimum Contribution is \$5.00. A \$600 contribution or more is necessary for a plaque to be affixed in the main lobby. Principle stays intact; interest earned is used to defray general operations of the synagogue. *Please send donations to CBI.*

HEVREI MITZVOT FUND

Funds used towards gemilut hasadim, to honor Bar and Bat Mitzvot, and fund worthy endeavors. *Please send donations to CBI.*

THE ISRAEL FUND

Established by the Marmor family. Funds used to support CBI sponsored trips to Israel, Yom Ha'atzmaut events and other activities in celebration of Israel. *Please send donations to CBI.*

JEWISH LIVING FUND

Fund provides for programming to celebrate and promote the practice of Judaism. *Please send donations to CBI.*

KITCHEN FUND

Donations for this fund will be used for purchases and maintenance of CBI's Kosher Kitchen. *Please send donations to CBI*

LANDSCAPE FUND

Fund used to beautify and maintain synagogue grounds. *Please send donations to CBI.*

**LEONARD AND BERNICE ALBERTS
PRESCHOOL SCHOLARSHIP FUND**

\$5.00 minimum contribution. Fund assists qualified families with Preschool tuition. *Please send donations to CBI with Alberts Fund in the memo line.*

LIBRARY FUND

Money in this fund will go towards the purchase of CBI library books. *Please send donations to CBI.*

MAHZOR LEV SHALEM FUND

Funds will be used to purchase the new High Holiday Mahzor from the Rabbinical Assembly. Contributions of \$25 for each Mahzor. *Please send donations to CBI with "New Mahzor" in the memo line.*

PRESCHOOL EDUCATION FUND

Money from this fund will go to the preschool for equipment and teaching materials. *Make checks payable to CBI with Preschool Fund in the memo line.*

PULPIT FUND

Funds used to procure necessary items that are not covered by the operating budget. These funds will be used to enhance our services. *Please send donations to CBI.*

RABBI'S DISCRETIONARY FUND *Please send donations to CBI.***SANDRA GOLDSMITH ENDOWMENT FUND**

Donations are used to endow activities for Tikkun Olam. *Please send donations to CBI.*

**SAM & MILDRED WOLFE BAR/BAT
MITZVAH FUND**

All students studying for Bar/Bat Mitzvah require a private tutor. This fund offsets tutoring costs for families. We encourage all families, friends, and relatives to contribute. *Minimum contribution is \$3.00. Make checks payable to CBI with Wolfe Fund in the memo line.*

SHABBAT CHILD CARE FUND

Money from this fund will go towards providing quality child care to all who need it (at no charge) during Shabbat services. *Please send donations to CBI.*

SISTERHOOD ALL OCCASION FUND

Minimum contribution is \$5.00. Money is used for specific synagogue needs voted upon by the Sisterhood membership. Mail checks made payable to CBI Sisterhood to *Harriet Weinroth, 100 Bassett Brook Dr. Apt 102 Easthampton, MA 01027 (527-3613)*. A card will be mailed for any occasion.

SUE KURIAN KIDDUSH FUND

Donations will be used to enhance our Shabbat services with festive Kiddushim. *Please send donations to CBI.*

TIKKUN OLAM FUND

Funds are used to benefit programs that help people in need, in the Northampton - Amherst area, in Israel, and occasionally when catastrophes strike in other parts of the world. *Please send donations to CBI.*

TORAH CHAI FUND

Donations to this fund assist the restoration and repair of Congregation B'nai Israel's existing Torah scrolls, and have made possible the purchase of a new Torah. *Please send donations to CBI.*

TZEDAKAH FUND

Fund for engaging in acts of tzedakah (charity and generosity) for the benefit of CBI members. *Please send donations to CBI*

VALLEY JEWISH SENIORS

Fund to help support seniors' activities through CBI. *Please send donations to CBI.*

WOMEN'S FUND

The CBI Women's Fund is for the purpose of helping CBI Women Members who are in dire financial need. To make a donation to the CBI Women's Fund, make your check out to B'nai Israel Sisterhood and indicate that it is for the Women's Fund. Mail the check to Harriet Weinroth, 100 Bassett Brook Dr. Apt 102 Easthampton, MA 01027 (527-3613). *Minimum donation of \$5.00.*

YOUTH FUND

Donations will be used to help fund activities for our youth programs. *Please send donations to CBI.*

YAHREZIT (MEMORIAL) PLAQUE

\$200 donation for each name. *Please make checks payable to CBI Cemetery Fund and mail to CBI.*

קהילת בני ישראל
Congregation B'nai Israel

253 Prospect St.
Northampton, MA 01060

SAVE THE DATE!!
Don't miss CBI's ANNUAL
GALA AUCTION & DESSERT EXTRAVAGANZA
SUNDAY, MAY 2, at 6:30 pm

Dated Material- Do Not Delay